



36 Grantham Street, Wembley
 Phone: 9387 1677 | Email: orders@prontos.com.au

PRONTO'S FINGER FOODS

Beef Satay Skewers Tender beef in satay sauce	4.95	Mini Sausage Rolls GF Available Homemade beef sausage rolls	2.55 3.00
Caramelised Onion Tartlets GF Available Tasty mini tarts with sweet caramelised onions & fetta cheese	3.00 4.00	Party Pies - Steak Tasty mini beef steak pies	2.50
Cheese Puffs (GF) Brazilian-style cheesy bites	2.50	Prawn Rice Paper Rolls (GF) Prawns & crisp salad in two bite-sized pieces	5.45
Chicken Drumettes Mini chicken drumsticks in tandoori spices Mini chicken drumsticks in a honey-soy marinade	2.90	Roast Capsicum & Olive Tarts GF Available Roasted red peppers, olives & tasty cheese	3.55 4.55
Chicken Tikka Skewers Tender chicken in a spiced tikka marinade	3.95	Salmon & Cucumber Rice Paper Rolls (GF) Cucumber, lettuce & Tasmanian smoked salmon Cut into two bite sized pieces	5.45
Chickpea Koftas Delicious vegan, gluten and lactose-free bite	3.50	Spinach and Ricotta Triangles	3.35
Cocktail Meatballs Traditional Italian with tomato sauce or Thai chicken with sweet chilli sauce	2.60	Spinach and Ricotta Rolls Vegetarian sausage roll option	2.65
Creamy Mushroom Parcels Tasty mini tarts with creamy mushrooms	3.75	Sliders Served in a freshly baked brioche bun. Beef, Pork & Apple, Lamb & Mint, Thai Chicken & Asian Slaw, Vegetarian	6.45
Curry Pumpkin Puffs Mild Indian flavoured pumpkin curry puffs	3.35	Smoked Salmon Blinis Homemade blinis topped with sour cream, smoked salmon & herbs	5.75
FetaCini Balls Vegetable rice balls with a fetta cheese centre	3.45	Spring Rolls & Samosas Crispy vegetarian snacks served with a dipping sauce	3.30
Frittata Bites (GF) Fetta, olive, sundried tomato; Ham & cheese; Spinach, pumpkin, fetta	3.50	Sushi - Order in lots of 12 Smoked salmon Nori rolls with soy sauce & wasabi Chicken, California, Tuna, Fresh Vegetable or Tempura Vegetable	1.45/pc 1.55/pc
Homemade Mini Pies Beef & Guinness Chicken & leek Creamy mushroom	3.95	Teriyaki Chicken Skewers Tender chicken strips in a teriyaki sauce marinade	3.95
Mexican Empanadas Spicy parcels of beef, corn & black bean	3.95	Vegetable Arancini Cakes GF Available Mini vegetable rice cakes served with sweet chilli sauce	3.00 3.50
Mini Pizzettes GF available Salami, olive & mushroom Roast capsicum, olive & pesto Chicken, avocado & sundried tomatoes	3.85 4.85	Vietnamese Rice Paper Rolls Chicken, beef (GF), or vegetarian (GF) with crisp salad. Cut into two bite-sized pieces	from 4.45
Mini Quiche GF Available Fetta, olive, sundried tomato; Ham & cheese; Spinach, pumpkin, fetta	3.35 4.35		

Delivery available. All prices include GST.
 ALL FOOD MADE FRESH TO ORDER.

**PLEASE NOTE: 10% SURCHARGE FOR SUNDAY AND PUBLIC HOLIDAYS
 OPEN MONDAY TO FRIDAY 7AM - 7PM, SATURDAY & SUNDAY BY APPOINTMENT**



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SANDWICH MENU

SANDWICHES, CONTINENTAL ROLLS AND WRAPS

Sandwiches

9.45

Quartered & served on an assortment of bakery fresh multigrain, wholemeal, white & sunflower bread. Choose from the delicious range of Pronto fillings below

Continental Rolls

9.95

Cut into three manageable pieces & served on an assortment of bakery fresh multigrain, wholemeal, white & sunflower rolls. Choose from the delicious range of Pronto fillings below.

Wraps

10.00

Pronto's wraps are filled with selections from the list below, rolled neatly & cut into two manageable halves

Finger Sandwiches (Order in multiples of 3)

Per finger 3.95

Three slices of bread with crusts removed, layered with delicious fillings & cut into thirds. Perfect for a formal afternoon tea or an evening meeting when a regular sandwich just won't do!

Gluten Free Sandwiches

11.45

Sandwiches made with delicious fillings on gluten free bread

Gluten Free Wraps

13.00

A gluten free wrap generously filled with gluten free fillings

PRONTO'S DELICIOUS SANDWICH FILLINGS

- Chicken | Sun Dried Tomatoes | Avocado | Sweet Pea Sprouts | Cheese | Mayonnaise
- Gourmet Salad & Homemade Hummus (Vegetarian)
- Continental Meats | Swiss Cheese | Olives | Marinated Eggplant | Chargrilled Vegetable Chutney
- Leg Ham | Swiss Cheese | Shredded Crisp Lettuce | Tomato | Carrot | Cucumber | Mustard
- Leg Ham | Brie | Roma Tomatoes | Shredded Crisp Lettuce | Mustard
- Chicken | Gourmet Salad | Mayonnaise | Bacon
- Tuna | Cucumber | Shredded Crisp Lettuce | Mayonnaise
- Hungarian Salami | Swiss Cheese | Shredded Crisp Lettuce | Tomato | Cream Cheese
- Curried Egg | Shredded Crisp Lettuce | Tomato (Vegetarian)
- Bacon | Lettuce | Tomato | Avocado
- Salmon | Cream Cheese | Avocado | Cracked Pepper | Spanish Onion
- Egg | Salad | Shredded Crisp Lettuce (Vegetarian)
- Swiss Cheese | Sweet Pickle | Tomato | Cucumber | Shredded Crisp Lettuce (Vegetarian)

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